



Specialist Mental Health Services (Getting More Help)

Across the Black Country, specialist mental health services are provided by Sandwell, Wolverhampton, Dudley and Walsall Child and Adolescent Mental Health Services (CAMHS)

The service provides specialist assessment and treatment for children and young people who have **severe, complex and enduring** emotional / behavioural / mental health difficulties

ACCESS:

- Referrals will be accepted for children and young people who are registered with a Black Country GP up until their 18th birthday.
- It is an essential requirement that consideration has been given to the young person accessing Getting Advice/Signposting and Getting Help services before a referral is accepted into CAMHS.

STANDARD CRITERIA:

The following general categories describe the children and young people who will be accepted for assessment and treatment, where their difficulties are leading to significant functional impairment:

- Anxiety
- Depression
- Emotional and behavioural disorders
- Conduct disorder and oppositional defiant disorder
- Psychotic Disorder in young people under the age of 14
- Suicidal ideation
- Moderate to severe Deliberate Self Harm
- Obsessive-compulsive disorder
- Neurodevelopmental conditions (where there are co-morbid mental health needs)
- Post-traumatic stress disorders
- Complex Bereavement (where there are mental health difficulties)
- Somatising disorders
- Presentations that could be described as emerging personality disorder will probably be accepted under mood disorder, suicidal ideation and self-harm.

CHILDREN WITH LEARNING DISABILITIES:

If there is evidence of comorbidity with a significant mental health condition (as detailed above), we also offer support for children with moderate to severe learning disabilities. Referrals to this service are via CAMHS SPA.

CHILDREN AND YOUNG PEOPLE IN CARE:

The service offers specialist consultation, assessment and treatment for children and young people in care who present with severe, complex and enduring mental health needs (as detailed above). Referrals for this population should be initiated by the social worker with an accompanying 'additional information' form. Children and young people in care should be seen in the area in which they reside, dependent on commissioning arrangements for specific services.

ALL AGE EATING DISORDER SERVICE:

Referrals for suspected eating disorders should be made directly to the All Age Eating Disorder Service.

EARLY INTERVENTION PSYCHOSIS SERVICES:



Young people over the age of 14 who are presenting with psychotic disorders should be referred directly to the Early Intervention Psychosis Service.