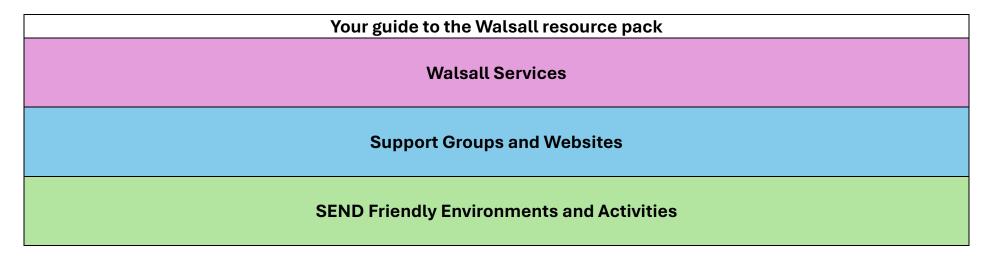
Walsall Support for Parents and Carers



This booklet details resources available in Walsall and surrounding areas for parents/carers and children and young people who are on the waiting list, undertaking assessments.

Please note that access to many services/resources listed do not require a diagnosis. You should assess the suitability of activities for your child or young person, this resource has been compiled with the help of parents and carers and all activities might not be suitable for all children and young people.



Please note that information within this resource pack is correct at the time of writing (September 2025) and will be updated every 6 months.

Walsall Services			
Service	Overview	Eligibility, application/referral details	Address and contact details
SEND workshops and groups with the Healthy Child Programme 0-19 team	There are many interesting and informative workshops you can access both before and while you are on the waiting list for assessment. These include • Understanding your child's emotions • SEN specific understanding your child's emotions • Understanding your child • Understanding me SEND pre diagnosis programme • SEND specific workshops for sleep and fussy eating	You can self-refer to these workshops or your healthcare professional may suggest you access these workshops and refer with your consent, on your behalf	Call the Single Point of Access (SPA) 01922 603074
SEND Drop in sessions hosted by the Healthy Child Programme 0-19 team	The HCP 0-19 SEND team run a drop-in clinic every Thursday 9:30-11am at the Child Development Centre, this clinic can be accessed both before and after diagnosis. The staff at the clinic can offer SEND specific advice/support/strategies with the management of behaviour, sleeping difficulties, fussy eating/restricted diet, toilet training and understanding emotions.	This is a drop-in clinic; no appointment is necessary. The drop-in clinic can be accessed both before and after diagnosis. You can confirm the clinic availability before attendance on 01922 605807.	Child Development Centre Coalheath Lane Shelfield WS4 1PL (01922 605807)

SEND Targeted workshops with Family Help	Workshops covering emotional regulation and behavioural strategies	No diagnosis is needed to access these workshops, but you must be already open to the Early Help/Social Care team	Lead professional for the family will complete a service request on Mosaic. Contact your lead professional if you wish to access these courses.
Trauma and attachment workshops with Family Help	Evidence based programmes designed to support you and your child	Must be open to Early Help for more information see webpage	https://go.walsall.gov.uk/children-and- young-people/early-help/early-help- professionals/parenting- support/online-parenting
Understanding your child with additional needs with Family Help	Evidence based programmes designed to support you and your child	Must be open to Early Help for more information see webpage	https://go.walsall.gov.uk/children-and-young-people/early-help/early-help-professionals/parenting-support/online-parenting
Walsall Health for Under5s	Walsall Healthcare Trust commission a website packed full of local and national information for parents/carers of children under 5	The website is available in over 40 languages, with a simplify and voice over option	Health for Under 5s For healthy, happy early years



Speech and Language Therapy Services The children's Speech and Language Therapy (SLT) service is available to all children and young people aged 0 to 16 years old, or up to the age of 19 years if they are in full time education at school or college.

The service is for children with speech, language, communication and/or eating and drinking difficulties.

The aim of the Speech and Language Therapist is to help the child or young person to reach their full potential by providing assessment, diagnosis, and intervention through programmes of activities, individual or group therapy and advice and support.





Walsall Speech and Language Therapy department operates an open referral process for individuals requiring speech, language or dysfluency appointments.

To refer please <u>complete a referral</u> form

Patients requiring voice therapy need to been seen by ENT (Ear, Nose, Throat) first. If you have concerns regarding changes to your voice your GP will be able to refer you to ENT.

Please note that Walsall Speech and Language Therapy are only able to accept referrals for people living in Walsall, those with a Walsall GP or children attending a school in Walsall



Speech & Language Therapy Service, First Floor Blakenall Village Centre Thames Road Walsall WS3 1LZ

Tel: 01922 605400 (option 3)

Twitter: @SpeechWalsall

Email: <u>Walsall.slt@NHS.net</u> (for referral and patientspecific liaison)

Email: SLTinfo@walsall.nhs.uk (general queries only)



Speech and Language workshops

Several workshops for supporting children with a speech programme are available, these include

- Stammering workshop
- Speech workshop for supporting children with a speech programme
- Supporting school age children with Language difficulties

Please note that Walsall Speech and Language Therapy are only able to accept referrals for people living in Walsall, those with a Walsall GP or children attending a school in Walsall Email: Walsall.slt@NHS.net (for referral and patient-specific liaison)

Email:
SLTinfo@walsall.nhs.uk
(general queries only)

Speech and Language drop in sessions	These sessions are delivered in the family hubs and are available to all preschool age children not already under Speech and Language Therapy	Please note that Walsall Speech and Language Therapy are only able to accept referrals for people living in Walsall, those with a Walsall GP or children attending a school in Walsall	See full details on link https://www.walsallfamilyhub s.co.uk/
Occupational Therapy	Walsall Children's Occupational Therapy service based at The Child Development Centre (Shelfield) It aims to promote independence amongst children and young people from birth to 19 years of age with specific difficulties in participating or completing their everyday activities of daily living. We work with families, nurseries, schools and colleges within the Walsall area and provide up-to-date evidence-based assessments, interventions, support and advice to help maximise the child and young person's functional abilities	All children can be referred via either a paediatrician, GP, a trained school SENCo, Team Around the Child (TAC) service, or a variety of other health professionals including physiotherapists, speech and language therapists, school nursing, podiatrists or health visitors	Walsall Paediatric Community Occupational Therapy service, The child development centre Coalheath Lane Shelfied Walsall WS4 1PL Tel: 01922 605820
Occupational Therapy Sensory Workshops	The paediatric Occupational Therapy service provides specialists sensory advice through regular sensory workshops. Parents are advised to complete this one-off informative workshop before implementing strategies from the resources provided after completing the workshop.	All children can be referred via either a paediatrician, GP, a trained school SENCo, Team Around the Child (TAC) service, or a variety of other health professionals including physiotherapists, speech and language therapists, school nursing, podiatrists or health visitors. Parents can contact the service directly within 12 months of their child's referral being closed.	Walsall Paediatric Community Occupational Therapy service, Walsall Child Development Centre, Coalheath Lane Shelfield, Walsall WS4 1PL

Following this sensory workshop parents have the option to opt in for further 1:1 advise. For children who are struggling with sensory feeding challenges a specialist feeding workshop is also available for parents to attend

Tel: 01922 605820

Email:

wht.cdc.therapies@nhs.net



Physiotherapy

The Paediatric Physiotherapy service provides specialist physiotherapy assessment, intervention, advice and guidance for children and their families where there is delay in attaining gross motor skills (e.g. late sitting and walking) due to a variety of reasons.

The multi-agency, community-based team provides support and education on physiotherapy issues and aims to minimise physical disabilities and maximise physical abilities and independence.

Services are provided to children aged 0-18 years with neuro-developmental conditions such as cerebral palsy, muscular dystrophy, spina bifida, neurological syndromes, chromosome disorders, developmental delay, toe walking and gait anomalies





All children who have previously been referred to the service can request to be seen again within two years of discharge but only for the same reason as the original referral.

For re-referral to the service the parents/carer should contact the department on <u>01922 605810</u> stating the reason for their concern.

New referrals can be made directly to the department and are accepted from:

- The child's GP, consultant, paediatrician, or school doctor
- Team Around The Child for children under 5 requiring two or more services
- A physiotherapist
- Podiatry
- Paediatric Occupational Therapy service
- Health visiting, school health, and community children's nursing services from staff who



The service operates Monday to Friday 8am – 4.30pm

Paediatric Physiotherapy Department, Walsall Child Development Centre, Coalheath Lane Shelfield Walsall WS4 1PL

The service is based at the Walsall Child Development Centre (CDC) but can be delivered in a variety of settings such as the home, clinics, childcare centres or nurseries and schools. Initial assessments usually take place at the CDC or at a local clinic/children's centre if available

		have undertaken the physiotherapy referrals training	
		The referral form can be posted to	01922 605810 cdc.therapies@nhs.net
		the service or emailed to cdc.therapies@nhs.net	
		Referrals for respiratory issues, neonatal follow-ups, acute injuries and musculoskeletal problems are seen by the Acute Paediatric Team based at Walsall Manor Hospital, hospital route 106	
Cygnet	Cygnet is a specialist programme, designed for parents and carers of children and young people with a diagnosis of Autistic Spectrum Disorder (ASD). The programme can be helpful for any parent or carer with a child with autism.	You can self-refer to these workshops or your healthcare professional may suggest you access these workshops and refer with your consent, on your behalf	Call the Single Point of Access
	Sessions include:	Your child must have a diagnosis of Autism for this course	(SPA) 01922 603074
	autism and diagnosiscommunicationsensory issues		
	understanding and managing behaviour		



Walsall CAMHS Service

Child and Adolescent Mental Health Service (CAMHS) is a set of specialist services for young people of all abilities to support with mental health, emotional and psychological difficulties.

CAMHS aim to achieve this by:

- offering support to young people directly through talking therapies
- working with parents and carers, and siblings
- working with members of the wider care system (for example: teachers, care staff)
- working alongside others (this means that we will teach or support others to put the help in place with the young person)
- offering services through local health centres, GP surgeries and schools when this is more appropriate or convenient.





To access CAMHS young people must be registered with a Walsall GP or for a looked after child be with Walsall Local Authority

To access the service children must have a long-standing mental health difficulty that impacts upon their day to day lives.
Parents and Carers are not able to make direct referrals to CAMHS, these can be made by a professional who is supporting them (GP, paediatrician, teacher, social worker)



CAMHS operates a Single Point of Access

Workshops:

bchft.walsallcamhs@nhs.n



Walsall Local Offer

Local authorities must publish a Local Offer, setting out in one place information about provision they expect to be available across education, health and social care for children and young people in their area who have SEN or are disabled, including those who do not have Education, Health and Care (EHC) plans.

The Local Offer provides families with information on how to access services specific for their child's needs, this could be peer support groups, professional services or activities that are SEND specific. The Local Offer isn't just for families, it is a great place for a professional working with a child or young person to find out about other services that may help.

Welcome to Walsall's SEND Local Offer | Send



A Family Hub provide a place where children, young people and their families, aged 0-19 and up to 25 for young people with additional needs, can go to get advice and support when they need it.

We have four family hubs in the heart of local communities across Walsall.

The people working in the Family Hub will be able to offer a safe space to talk, give you information or advice and help you to find and get support from different services in the area.

We are also working with the voluntary and community sector to identify opportunities to offer support and services from other buildings in your community. These will be known as spokes.

Getting help from a Family Hub is simple. You can walk in, telephone or a professional can refer you.

You can find out the directory of events here Events: Walsall Together Family Hub (walsallfamilyhubs.co.uk)



Opening times are Monday to Friday 9.00am – 5pm

01922 654589 Email:

walsallfamilyhubs@nhs.net

North Family Hub

Address: 275 Blakenall Lane, Blakenall, Walsall WS3 1HJ Telephone: <u>01922 654589</u>

West Family Hub

Address: Ilmington House, Crescent Road, Wednesbury,

WS10 8AE

Telephone: <u>01922 652959</u>

East Family Hub

Address: Silver Court, Walsall,

WS8 6HA

Telephone: 01922 658300

South and Central Family Hub

Address: Birchills Street,

Walsall, WS2 8N

Telephone: <u>01922 654545</u>

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Early Years SEN support service	They offer several pathways of support. This includes advice and support at home, or in early years settings such as childminders, two-year-old provisions in primary schools, nursery schools and private day care settings.	Support and referral through the Child Development Centre.	Tel: 01922 652860 Email: EYSENSpecialistInclusionTea m@walsall.gov.uk
Educational Psychology Service	Walsall Educational Psychology Service (EPS) offer a traded service to schools and settings in Walsall. Such settings can seek support from the EPS to help them support the YP's needs within the setting. This could include direct work or assessment, consultation, joint problem-solving with staff and parents, training, and advice. Schools can seek support in relation to individual	The SENCO of a setting that has a trading subscription with the EPS can seek support for an in with parental/ carer consent. Please liaise with the SENCO at your child's setting to discuss the suitability of a referral	Access and Inclusion Admin Team
	pupils or more generally		Walsall Civic Centre 01922 652800
Community Paediatrics	Consultant paediatricians work as part of a team of professionals including Clinical Nurse Specialists to provide a range of speciality clinics including general, diabetes and endocrinology, gastroenterology, asthma, allergy, epilepsy and cardiology	Referral from a health professional only	Tel: 01922 721172 Address: Walsall Manor Hospital, Moat Road, Walsall, WS2 9PS
Specialist Dentistry	Black Country Healthcare offers specialist, referral- based dental services at <u>Birmingham Dental</u> <u>Hospital</u> and other community locations, including Brace Street in Caldmore.	Self-referrals by patients are not accepted. Referrals are accepted for the following: Nervous/anxious children	For more information on the specialist dental pathway please contact the Single

Referrals for this service can be made by a dental practitioner or medical practitioner in primary or secondary care.	 Children who need sedation or general anaesthetic to allow dental treatment. Children with additional needs such as special needs or certain medical conditions Complex treatment which needs Specialist/Consultant support
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Support Services, Group and Websites			
Service	Overview	Eligibility, application/referral details	Address and contact details
SENDIASS	Free impartial, information, advice and support on Special Educational Needs and Disability (SEND) for children and their families in the Walsall area	Children and young people aged up to 25 with SEND and their parents/carers who live in Walsall Via self-referral	https://family-action.org.uk/services/walsall-sendiass/ 01922 612008 (24Hour Messaging Service)
Helping hands Autism and ADHD behaviour support	Helping parents navigate the world of additional needs through understanding behaviours, creating strategies and sharing lived experiences	Parents/carers of children and young people with ASD/ADHD diagnosis or being assessed by a professional on an official diagnosis pathway. Across the Black Country Via self-referral or professional's referral	https://family- action.org.uk/services/helping -hands-autism-adhd- behaviour-support/

Autism Education Trust (AET)	Autism Education Trust		https://www.autismeducationtrust.org.uk/
Autism west midlands	We are the leading charity in the West Midlands for Autistic adults, children, young people and those who love and care for them. Our passionate, expert staff and volunteers work across a range of age groups and abilities. We support autistic people to lead as independent lives as possible in residential care or in their own or family home. We provide a free autism information helpline offering a first point of contact for autistic people, parents, carers and professionals. We provide advice and support sessions for families and carers of autistic children. We help to build people's resilience, skills and confidence to enable them to lead happier and more fulfilling lives. We offer training around autism to parents, professionals and businesses in The West Midlands.	Our community-based services enable adults to access support within their local communities. Contact and referral through the Autism West Midlands Website	https://www.autismwestmidlands.org.uk/

National autism society	Advice and guidance around a wide range of information about autism.	Diagnosis Behaviour Communication Loneliness Sensory differences Mental Health Benefits and money Education and more	https://www.autism.org.uk/
Cerebra (sleep)	Alongside Sleep Tips booklet and relevant guides, they also offer one-to-one support.	Completion of an application form for your child and two weeks' worth of sleep diaries which they will send out to you as long as you come under the criteria for support.	https://cerebra.org.uk/get-advice-support/sleep-advice-service/
Dentists	You should in the first instance attempt to access dental care via your own local dentist.	If your child is not able to access dental care due to SEND/complet needs a referral can be made to Birmingham Community Healthcare (BCHC) paediatric dental service. Parents should contact the HCP single point of access (SPA) for advice.	To find a dentist who is accepting nee patients go to http://www.nhs.uk/service-search/find-a-dentist HCP SPA-01922 603074

FACE Walsall Parent Carer Forum	Parent Carer Forum – a parent participation group made up of parent carers of children and young people (0–25) with special educational needs and disabilities (SEND). Although not a support group, it works closely with parents, support groups, schools, and community organisations to listen to families' experiences and influence positive change. They hold member only training, coffee mornings with professionals in SEND and family event days.	Free Membership – Application Form. Eligibility – Child or Young person 0-25 with SEND Must live in Walsall	https://www.facewalsall.com/
Collingwood autism support group	Collingwood Autism Support Group is for parents and carers of children with autism. Training and information sessions are offered to parents/carers. These include communicating with your child and coping with meltdowns	They meet twice a month on Tuesday evenings from 7pm-9pm.	07823 333 910 collingwoodcommunitycentre @gmail.com
Parent Carer Support Group. Walsall, Wolverhampton and surrounding areas	Parent carer support group Walsall Wolverhampton and surrounding areas. They aim to connect members, potential new members and where appropriate professionals to local services and organisations from relevant sectors	Membership Fee applies. Activities include monthly quiz event and SEND 'chit and chat' events. See website for more details and specific event times	https://walsallwtonpcg.co.uk/
Neurodiverse Parent Group	Free weekly support sessions	Co-created parents group	https://mettaminds.co.uk/dm cparentsgroup/

Parent Partnership Group	Walsall Local Authority Run - The Parent Partnership Group is made up of parents and carers of children and young people with SEND. They meet regularly to share their experiences, ideas and feedback to help shape local services, so they work better for families. Walsall Local Authority Run – The Youth SEND Forum is for children and young people aged 8–16 with special educational needs and/or disabilities. It's a friendly	Parent/Carers of Child or Young person with SEND Children/ young people 8-16years with SEND	Localoffer@Walsall.gov.uk
Youth SEND Forum	group where they can share their ideas, experiences and feedback about local services. Their views help make local services better for all young people with SEND.		Localoffer@Walsall.gov.uk
POP SEND	Positive Outcomes Group Youth group for young people with SEND. Essential health & wellbeing for 16-25 CYP with SEND	Contact and sign up through the website	⇔ www •
			https://popwalsall.co.uk/
	Charity supporting Children & Young People who have disabled siblings	Free service – support groups/ resources	⇔ www
Sibs			https://www.sibs.org.uk/
Mosaic-Holistic Support	Free support project for neurodiverse families – family focused sessions	Service type-Health Age range-All ages Referral type-Self referral Delivery type-Face to face Cost to resident-Free Opening times-Saturday 10am-1pm	Willenhall Chart Centre 19 Gomer Street, Willenhall WV13 2NS
for Neurodiverse families in Walsall			01902 368199 willenhallchart@hotmail.co.u k



The process of preparing, planning and moving from children's to adult services is often referred to as TRANSITION. Transition is a gradual process of change which gives everyone time to ensure that you and your family are prepared and feel ready to make the move to adult health care.

To help your transition run smoothly, healthcare professionals may start to talk about transition from the age of 11 years old. Discussions about the age you will transfer should start in your outpatient clinic appointments when you are around 14 years old. You do not need to wait for a healthcare professional to bring it up – we encourage you to ask the question too!



https://www.blackcountry0-18.nhs.uk/parentscarers/trans ition

Autism Friendly	Autism Friendly Environments and activities			
Service	Overview	Eligibility, application/referral details	Address and contact details	
	Bloxwich Leisure Centre Hosted by Sassy Sensory	For all disabilities They get full fast and no pre booking allowed, entry on a first come basis	1 st Sunday every month to be booked via sassy sensory	
Accessible swimming	Brine Baths Walsall	For all disabilities They get full fast and no pre booking allowed, entry on a first come basis	Monday 7.30-830pm Tuesday 11.15-12.30 Saturday 3-4pm	
Changing places	The new toilet block, situated in Saddlers Shopping Centre, will consist of a Changing Places (CP) facility, two parent and child facilities and two gender-neutral accessible facilities. CP toilets provide sanitary accommodation for anyone with multiple and complex disabilities, allowing disabled people and their assistants to stay out for longer and participate in more activities.	The facilities are fully accessible with a height-adjustable changing bench and hand basin, a hoisting system and a peninsular toilet, with enough space for the disabled person, a wheelchair and two carers	https://go.walsall.gov.uk/news room/new-accessible- changing-facilities-now- available-walsalls-saddlers- shopping-centre	

, o <i>(</i>	Ninja Warrior has SEND sessions for children of all ages	There will be no background music or announcements	Wednesday 6-7pm
• 7		or announcements	https://ninjawarrioruk.co.uk/w
			alsall/
			<u></u>
Coft plan	Frankie and Lola's		https://frankieandlolas.co.
Soft play			uk/venue/walsall
0 0	<u>Asda</u>		Every day 2-3pm
	Quiet time for shopping no music or announcements		
	emergency announcements only		
Supermarkets			
	Pinewood and Light cinema, Walsall	The lights are lower and the	All offer relaxed screenings,
		background noise is reduced and	check website for details and
		children are free to move around	times.
66666			
Cinema			
	Stevie and her team make everyone welcome and Children and		
1	Young people with SEN needs are put at ease and go at their		To arrange a visit or a lesson
- S-3	own pace		ring
4.5-10			07950314091
11 P			
Horse riding			
	All day stay and play with lots for all ages including sensory	£4 per child all day 10-4pm	Walsall wood WS9 9NP
	activities		
3000			
(((ران العلم الحري			
1			
5 senses (hire out			
for parties)			
p	l		

	For all ages and abilities. No equipment is needed, it can all be	Bloxwich Leisure Centre every
	hired there for £3	Sunday
•\$ }.		
Roller skating		

Out of area recommendations				
Snap	Special Needs Adventure	Open 10-3.30pm Closed on Tuesday	Pye Green Road, Cannock, WS11 5RW 01543579286	
Rush Trampoline Park	SEN Specific Sessions	Monday 6-7pm	Unit 6 Avery Dell,Lifford Lane, Kings Norton, Birmingham, B30 3DZ	
Telford Town Park inclusive play area	All ages and abilities Designed with less abled children and young people in mind, the all-inclusive playground provides equipment for all abilities. Including a wheel chair accessible climbing frame, revolva roundabout, home seesaw, and nest swing. A level and colourful wet pore surface makes it accessible for all types of wheelchairs.	Opening times 11am - 3pm mid-season (March, April, September and October), high season (May - August) 11am - 4pm. High season also includes the Easter holidays. (Weather permitting). Please note: that waterplay will be decommissioned for winter.	https://www.telfordtownpark.co .uk/info/38/getting_here	

Telford park Bike Hub, adapted bikes	Telford & Wrekin Council have recently launched 13 new adaptive cycles which are available to hire from Telford Bike Hub in Telford Town Park	The new wide range of cycles suit both young people and adults with a variety of learning and physical disabilities, as well as health issues Adaptive Bike sessions run on every Friday 11am - 1pm this session costs £10	Currently Friday's only between 10am and 2.30pm and weekdays during school holidays https://www.ticketstelford.com/whats-on/all-shows/telford-bike-hub-adaptive-bike-session/5131/
SEND inclusive Ice skating and soft play	The ice rink offers SEND skating session on Fridays at 5pm - 6pm. The soft play offers SEND soft play sessions on Mondays, Wednesdays and Sundays	All public sessions can also be attended and are wheelchair friendly	www.telfordicerink.co.uk https://www.telfordicerink.co.u k/info/1/home/17/inclusive- facilities Quentin Gate, Telford TF3 4JQ 01952 382650